



# EXTREME FEST 2009!

ARE YOU ONE OF THE FEW WHO CAN HANDLE IT?

**July 17-19, 2009 • Camp Echockatee • Orange Park, FL**

**Open to ALL youth ages 8-16 and adult leaders. \$50/youth; \$25/adult**

Cost covers all activities and camping; additional monies are needed for food if purchasing from the Trading Post.

Attendees are welcome to bring and cook their own food in the designated sites.

One adult leader per 5 youths is required to register and accompany the campers.

**Enjoy WAKEBOARDING, TUBING, WATERSKIING, CLIMBING, SWIMMING,  
WILDERNESS SURVIVAL, CANOEING, SAILING, RAMBO, AND MORE!**

**Get ready for an exhilarating, unmatched adventure!**

**Registration ends July 1, 2009 • Space limited to 75 Youth Attendees**

**Find more information and register online at [www.aquaticscamp.org](http://www.aquaticscamp.org) TODAY!**

# 2009 Extreme Fest Details

## **What the heck is Extreme Fest?**

Extreme Fest is the super awesome overnight camping experience offered at Aquatics Camp! Youth and adult attendees will enjoy full access to the extreme activities of the camp over the weekend. Each of the activities is structured to encourage confidence-building, teamwork, and personal growth. Youth are encouraged to register in groups. One adult leader is required to register for every group of five youth. Campers who register as individuals will be placed in a group at random if they do not designate a preference otherwise. Youth and adults can register through the registration page of the website at [www.aquaticscamp.org](http://www.aquaticscamp.org).

## **What do we do?**

Youth will be grouped by age and preference over the weekend and will enjoy the following activities on a rotational basis: Wakeboarding, Waterskiing, Tubing, Climbing, Canoeing/Kayaking Trek, Sailing, Wilderness Survival, and Swimming. Evening activities will also take place including a night-time movie at the pool, competition, RAMBO (an EXTREME version of capture the flag).

## **What do we eat?**

Participants have the option to cook meals at their campsites or purchase food from the Trading Post throughout the weekend. The Trading Post will have sausage biscuits, hamburgers, hot dogs, nachos, pizza, chips, candy, Slush Puppies, juice, and soft drinks. Extreme Fest attendees should bring \$25-30 if they plan to eat at the Trading Post for each meal.

## **What should we bring?**

Attendees are responsible for bringing their own camping equipment. All participants will also need bathing suits, toiletries, bug spray, closed-toe shoes, plenty of dry clothes, a rain jacket (just in case), money for the Trading Post, camouflage or dark clothes for RAMBO, and a POSITIVE, READY-FOR-A-CHALLENGE attitude!

## **When do we get there?**

Participants should arrive by 7:00 PM on Friday, July 17, 2009 and check-in at the Camp Office. Extreme Fest will conclude at 11:00 AM on Sunday, July 19, 2009.

## **How do we sign-up?**

Youth and adults can register online through the registration page of the website. Payment in full is required for space reservation. Deadline for registration is June 1, 2009. A confirmation e-mail will be sent upon receipt of your registration.

If you have additional questions, please contact us at [aquaticscamp@gmail.com](mailto:aquaticscamp@gmail.com).